



Teaching Guide
AND Essentials

- **FOR ADULTS** -



GROUP MEMBERS USE *THE BRINK*, *FUSION FAMILY*, OR *FUSION NEXT*
DEVOTIONAL STUDY GUIDES



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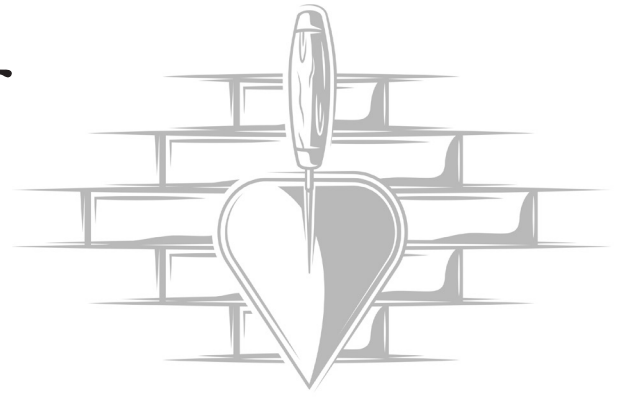
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Adult Teaching Guide



Lesson 1/May 5, 2024

The Ten Commandments (Exodus 20:1-21)..... 4

Lesson 2/May 12, 2024

Offerings to God (Various Scriptures from Leviticus 1-7) 13

Lesson 3/May 19, 2024

The Church Is Born (Acts 2:1-47) 22

Lesson 4/May 26, 2024

The Gospel Is for Everyone (Jonah 1:1-5; Acts 10:1-45;
Matthew 5:13-16; 2 Corinthians 5:14-20)..... 31

Lesson 5/June 2, 2024

Paul (Various Scriptures from Acts and the Epistles) 40

Lesson 6/June 9, 2024

The Church Expands (1 Thessalonians 2:1-20)..... 49

Lesson 7/June 16, 2024

Walk in Purity (1 Thessalonians 4:1-7; 2 Samuel 11:1-2;
1 Corinthians 6:12-20; Psalm 51:1-13; Genesis 39:7-12) 58

Lesson 8/June 23, 2024

Wait in Faithfulness (1 Thessalonians 4:13-5:11; 2 Thessalonians 2:1-12)67

Lesson 9/June 30, 2024

Everyday Christian Living (1 Thessalonians 5:12-28).....76

WELCOME TO THE D6 EVERYDAY FOUNDATIONS ADULT TEACHING GUIDE. This is the one-size-fits-all guide for teaching adult small groups. It correlates with *The Brink*, *Fusion Family*, and *Fusion Next* devotional study guides.

D6 EveryDay Foundations curriculum is built on:

- A high view of Scripture
- Church and Home emphasis
- Family alignment and resources for every age
- Practical biblical application
- Intentional focus on developing biblical literacy and a biblical worldview
- Biblical truth and perspective on important cultural issues
- Spotlights on Bible characters

D6 EveryDay Foundations curriculum helps you build confidence in the unchanging, enduring, and authoritative Word of God. The three-year scope and sequence includes an overview of the story of the Old and New Testaments, emphasizing major characters and themes, as well as the application of God's Word to current cultural issues.

Even if the student never misses a single Sunday in the three-year cycle, the task is too much for curriculum alone. We must also depend on the work of the Holy Spirit and the partnership of families so the truth goes beyond head knowledge to heart knowledge and anchors in a permanent place. Combining both at-church and at-home tools, *D6 EveryDay Foundations* curriculum helps churches equip parents with the mortar to hold together the building blocks of faith.

Elementary and Teen students (and preschoolers when possible) study the same family themes as their parents and grandparents. This family-aligned curriculum philosophy opens the door to everyday opportunities for faith conversations.

D6 EveryDay Foundations curriculum offers a choice of three devotional study guides for adults.

- ***The Brink***—for young adults without children
- ***Fusion Family***—for parents with kids at home
- ***Fusion Next***—for empty nesters

Singles in your group can choose the magazine that best fits their life stage.

In addition to daily devotions to help reinforce biblical principles, readers enjoy relevant articles, columns, and more. Even if your group is made up of various ages, members can choose the guide that fits best.

Every lesson in this teaching guide is built around the CLEAR® Learning System. This time-tested method gives a simple but effective approach to successfully teaching God's Word.

Connect—These suggested activities help capture the group members’ attention and answer the question, *Where is this lesson going?*

Learn—*What does the Bible say?* This section answers this question by digging into the biblical text and explaining it in ways both teachers and group members can understand.

Explore—These notes provide more information for the teacher. They address issues like cultural background, historical context, theological importance, apologetics, and other complementary biblical teachings.

Apply—*What difference does all this make in my life?* Apply statements help group members see how the biblical truths they have just heard fit into everyday life. These Apply statements, along with thought-provoking discussion questions, are included in with the **Learn** section as they most naturally fit.

Respond—The final section in each lesson answers the question, *What now?* Respond encourages group members to take practical steps to apply the biblical principles they have learned. The lessons are further reinforced in the devotional study guides.

Every lesson also includes:

- Lesson objective—identify the lesson’s main goal
- Building Blocks—encourage biblical literacy for the whole family
- Family Verse of the Month—focus on memorizing key Scripture together
- Teaching Tips—give helps and strategies for effective teaching
- Thought-provoking discussion questions—encourage deeper application of biblical truth
- Teaching essentials—downloadable extras (handouts, posters, outlines, PowerPoint, and more)
- The teaching guide is also available for download to help you customize the lesson for your group.

Bonus resources:

- Parent Page—weekly tool that provides the key truths of the lesson, application ideas, talking points to extend family discussion, and family activity ideas, as well as a summary of the pre-school lesson
- D6 Family App—this app delivers free resources designed to equip you for generational discipleship
- Splink—weekly email providing three simple ideas to link your family together spiritually
- D6 Teacher group on Facebook (<https://www.facebook.com/D6Family>)—a Facebook forum for D6 curriculum users to share ideas and ask questions



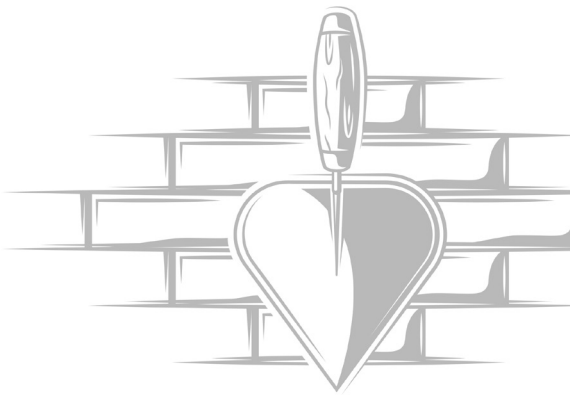
Digital Downloads—To enhance your teaching, digital downloads are available. There you will find PowerPoint slides for each lesson, teaching essentials, and editable teaching outlines. We’re also excited to offer a digital version of this Teaching Guide that includes live hyperlinks so you can click directly on a website or Scripture passage and have it pop up on your device. To access these resources, scan this QR code or visit the following: **d6.family/6673**

FAMILY THEME

The Ten Commandments

LESSON OBJECTIVE: Learners demonstrate love for God and people by living according to His laws and commandments.

STUDY TEXT: Exodus 20:1-21



CHECKLIST

- Study the biblical text and Adult Teacher's Guide.
- Review the *Adult Teaching Outline* (Adult Handout 1-1 or AH 1-1). You can take notes on this editable document as you study. You can also use it as a guide to teach from.
- Review *PowerPoint 1* and insert your own questions if needed.
- Print and make copies of the *Adult Member Outline* (AH 1-2), the *Love Leads to Obedience Handout* (AH 1-3), and *Parent Page* (PP-1) if necessary. For free access to these handouts, scan the QR code on page 3 of this teaching guide or go to d6.family/6673.
- Distribute *Parent Page* (PP-1) to parents.

Key Truths

- God's Commands Show Us How to Live for Him (Exodus 20:1-11)
- God's Commands Show Us How to Live With Others (Exodus 20:12-17)
- Reverence for God Helps Keep Us From Sin (Exodus 20:18-21)

Verses of the
Month

MARK 12:30-31

CONNECT

Choose one of the **Connect** options to capture attention and get this session started.

OPTION 1: To begin, consider showing this video that asks if we still need the Ten Commandments: tinyurl.com/StillNeed10. Discuss the video with your group. Ask learners why the Ten Commandments are still important and relevant today. After discussion, say: *Today we will examine the Ten Commandments and see why they give us great guidance for how to live.*

OPTION 2: Begin by asking your group why any society has laws, rules, and regulations. What is their purpose? What do they accomplish? Then ask them why God gives us laws, commands, and instructions. After discussion, say: *God’s rules and commands reflect His character, show us what He expects, and show how we fall short of His standard. Today we will see some foundational commands God gave for us to obey.*

OPTION 3: Begin by writing the word *Reverence* on the board. Ask your learners what this word means. An example could be *deep respect that causes us to honor and obey*. After discussion, say: *God wanted the Israelites to love and obey Him and be an example to other nations. Today we will see how He taught them reverence and gave them rules to live by that would be in their best interests and honor Him.*

LEARN + EXPLORE + APPLY

Distribute copies of the *Adult Member Outline* (AH 1-2) and summarize the following to your group about the background of the text.

The first five books of the Bible form what we commonly call the *Pentateuch*. We can also call them the books of Moses, who wrote or compiled nearly everything in them. In Genesis he informed or reminded the people of Israel of their history. In Exodus, he described how God delivered them out of their bondage in Egypt. They had picked up many “bad habits” in Egypt. They needed to understand more clearly what God expected of them. In Exodus 20 we find the summit of God’s Law, the *Ten Commandments*. Jesus summarized all the Law of Moses in two commands: Love God above all and love your neighbor as yourself ([Matthew 22:37–40](#)). These two commands covered everything. That passage in turn looks to [Deuteronomy 6:5](#) and [Leviticus 19:18](#). This lesson is set about seven weeks after the Exodus from Egypt in 1446 BC when God began to give the people His laws to live by.

Cue up videos and have them ready to play. D6 Family Ministry does not control ads shown before or after videos.




AH 1-1



AH 1-2

TEACHING TIP

Encourage your learners to do more than merely hear what God’s Word has to say. Help them plan how to put it into practice.

 **KEY TRUTH: God's Commands Show Us How to Live for Him (Exodus 20:1-11)**

God began by establishing who He is for Israel (**verse 1**): *I, being the Lord your God, who delivered you . . .* In light of His being their delivering God, He required certain behaviors from His delivered people, all of which were in their best interests.

According to **verse 2**, Israel was to have no other gods before or besides Jehovah God. Nothing, no other entity—spiritual or material—could occupy the place only God deserves. This was not just putting God in first place in a list of gods but recognizing God alone as deity and the only one to be worshiped.

DISCUSS:

- *Idolatry is the worship of anything other than God. What are some things people worship and put before God in our culture? (Certain people; pleasure; money; possessions; careers; etc.)*
- *Why is God to be the only object of our worship?*

The people were not to make or worship idols (**verses 3–6**). The idolatrous practices of the Egyptians and other nations of that time involved elements of nature they deified. They often represented those deities with images of animals or other elements of the natural world. God was not against *representational art*. He instructed Moses to incorporate certain forms of art into the Tabernacle (**Exodus 26:31**). However, He specifically excluded any sort of physical representation that would misrepresent His true nature or attract worship that was rightfully His.

EXPLORE:

What does it mean when verse 5 mentions that God is a *jealous* God? Is not jealousy a sin? Jealousy, among humans, most often involves wanting something that is not ours, or not rightfully ours. On the other hand, it is not improper to be jealous for that which rightfully belongs to us. If I want a new car mainly to keep up with my neighbor, then I probably have a jealousy issue. On the other hand, wanting my own car back when someone else has stolen it is not an improper attitude. We need to keep in mind that God has a right to *all* worship and adoration among His creatures. When we misdirect this esteem and affection to anything else in the place of God, then we have stolen His glory. He is altogether right in jealously wanting it back.

APPLY:

As our Creator and Deliverer, God rightly expects us to obey His commands.

APPLY:

The God of the Bible is the only true God and should be the only object of our worship.



PowerPoint 1

The discussion questions can also be found on the *Adult Teaching Outline* (AH 1-1) and on *PowerPoint 1*, which is customizable. Files 1A and 1B are provided for customization.

DISCUSS:

What characteristics illustrate that loving God is our highest priority? What should we do if we realize something else has taken priority over God?

The Israelites were to be careful how they used God's name (**verse 7**). Improper use of God's name invokes His being and character in thoughts or activities unworthy of His involvement.

In **verse 8**, God used a grammatical construction similar to what He used in **verse 2**: *Remembering the Sabbath day . . .* **Verses 9–11** explained how remembering the Sabbath would work out. First, it was to be set apart, holy, and different from other days. Humanity's labor, exercising dominion over the earth, was to stop for the Sabbath. The pattern was to follow the rhythm set in [Genesis 1](#), six on and one off. This same pattern would later establish the Sabbath years and the years of jubilee.

In **verses 2–7**, God gave instructions on how to relate to Him, the redeeming God. He alone is worthy of worship. We should let nothing override or compete with Him in any way. This includes how we worship, and how we express ourselves. In **verses 8–11**, He gave instructions on how to relate to the natural world. The world should not be treated however we please. We use it, and function within it, as people who are subject to the one Creator. This involves backing away from our normal activities and setting apart a day to live as dependent creatures, not as independent agents over the earth.

DISCUSS:

• Why do we struggle taking a day of rest? How does rest show our dependency on God?

KEY TRUTH: God's Commands Show Us How to Live With Others (Exodus 20:12–17)

Verse 12, *Honor your father and mother*, begins the list of the remaining commandments, which all seem to focus on our relationships with other people. A structured, orderly home where children are expected to obey is counter to popular culture. But the Bible clearly indicates that teaching children to follow rules that reflect morality, order, and diligence will promote their well-being throughout their lives. Yet there is more to *honoring father and mother* than obedience. To honor is to have high esteem for someone, or to act in a way that brings credit upon the one we honor. It applies to all ages and stages of life.

APPLY:

Our highest priorities are loving God and walking with Him.

APPLY:

We are to set aside time to worship God and to rest.

EXPLORE:

Proper social relationships begin at home. Children who do not grow up honoring and respecting their parents rarely turn out to be adults who honor and respect others. It is life in the home—especially the relationship between parents and children—that sets the pattern for how children will treat others. Neglecting the parent-child relationship, especially the younger generation’s duty to honor parents, would bring about a host of other sinful social problems. Failure to honor parents was one of the factors that led to Israel’s exile ([Ezekiel 22:7, 15](#)). Over time, it had led to serious spiritual, moral, ethical, and political failure.

APPLY:

Parent-child relationships are extremely important. Children who are taught to respect and obey their parents are more likely to honor and respect others.

DISCUSS:

- *Why is it important for children to learn to honor and obey their parents?*
- *(BRINK) How might a young adult living at home honor his or her parents? How can an adult who has moved out honor his or her parents?*

The next commandment (**verse 13**) involved *murder*. Ancient Hebrew had as many as seven different words that described different kinds of killing. The word used here was the *only one* that involved premeditation and intent. It was not the word used for self-defense against burglars, for governmental executions, or for warfare. God’s prohibition was not against self-defense, capital punishment, or war. It was specifically against intentional, premeditated murder.

Verse 14 prohibited *adultery*. Adultery destroys homes and families. It demolishes relationships as surely as any murder. It poisons relationships between parents and their children, leading to further cycles of sin.

Verse 15 warns against *stealing*. Stealing violates God’s sovereignty over His creation. Even beyond our own (appropriate) notions of private ownership, we must realize that what we call ownership is in fact a stewardship. Theft from a human being is also theft from God, who has the right to distribute to us as He pleases.

Verse 16 moves from the material to the realm of truthful communication. *Lying* is a violation of God’s own nature. God is truth. *Falsehood* is a deviation from the very nature of God.

Finally, **verse 17** moves even further from actions to intent. *Lusting* or *coveting* involves our inner desires and thoughts. If those are not kept

under control, they will eventually lead us to violate one or more of the previous commandments.

Few would disagree that if everyone followed these commandments, then society would be much better off. Nearly all of us want those around us to be faithful, honest, loyal, and respectful of each other's property and relationships. This is another way of stating the Golden Rule—to treat others as we would want them to treat us.

DISCUSS:

- *How does keeping God's commandments demonstrate love and respect for people?*
- *How would things change if everyone lived according to these relational commandments?*
- *What does it look like to love all people without showing approval for their sinful actions?*

KEY TRUTH: Reverence for God Helps Keep Us From Sin (Exodus 20:18–21)

We find it hard to separate fear from being afraid, yet they are not entirely the same thing. Someone who is an expert at using a power saw has an appropriate fear of the tool. He understands the damage it can do and handles it accordingly. Those who do not understand how to use it properly might be afraid of the noise, not understanding whether there is real danger to them or not.

Verse 18 tells us the Israelites were afraid of the noise—thunder, lighting, trumpet sound, and smoke. They asked Moses to take over the saw, so to speak (**verse 19**). Moses revealed to them what was going on (**verse 20**): God wanted to test them. He wanted them to have a healthy fear of Him so they would keep themselves from sin. Nevertheless, they kept their distance, while Moses walked toward where God was appearing (**verse 21**).

DISCUSS:

- *Why is God worthy of our reverence and healthy fear?*
- *How can we develop a respectful fear of God?*

EXPLORE:

God's presence on the mountain created quite a spectacle. The noise and fire were enough to strike fear into the Israelites. Moses told the people not to be afraid. Why does God sometimes speak with such a demonstration of awesome power, while at other

APPLY:

If everyone followed the Ten Commandments, society would be much better off. Treat others with love and respect.

APPLY:

Respect for God should motivate us to obey Him.

times He uses the *still small voice* (1 Kings 19:11-13)? He uses what works best to accomplish His purposes. On the mountain, the people of Israel needed to see God's power. When it comes to God, fear that comes from respect is healthy. Fear that comes from terror is not. Respect for who God is (Creator and Redeemer) and what He does (loves and provides for His people) is definitely healthy!

A proper fear of God will keep us from treating His grace and mercy carelessly. His commands are not designed to “kill our fun,” as unbelievers might claim. Instead, they are for our own good and happiness. We will never be happier than when we are living in accordance with God's law. It reflects His own nature, the nature for which we were made.

APPLY:

God's commands are for our own good and happiness.

DISCUSS:

- *Why is life better when we obey God's commands?* (God created us; He knows and wants what is best for us; etc.)
- *How is reverence for God connected to obeying Him?*

RESPOND

Use one or more of these **Respond** options to help your group members put into action the principles they learned in this lesson.

OPTION 1: One way to display our love for God is by displaying our love for others. Discuss a service project that your group can do to show the love of God to others. This could involve doing yard work for someone in the community, serving at a food bank, collecting supplies for a pregnancy center, etc. As [Matthew 22:34-40](#) explains, we follow God's commands by loving Him and loving others.

OPTION 2: Discuss the following, and then encourage your group members to demonstrate their love for God and for their neighbor in a tangible way this week.

- *Jesus said all the commandments of the Law and the Prophets (including the Ten Commandments) hang or depend on loving God above all else, and loving our neighbors as ourselves ([Matthew 22:34-40](#)). Why is that so?* (If we love God supremely, we will not break the commands that have to do with our relationship with Him. Likewise with loving our neighbors.)

- *What will you do this week to demonstrate your love for God above all else?*
- *What will you do this week to demonstrate your love for your neighbor?*

AH 1-3 *Love Leads to Obedience* can help learners with this exercise.

OPTION 3: Ask your learners to consider the following:

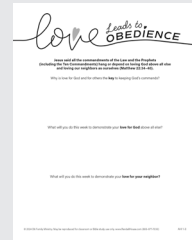
- *Is there anything you have allowed to take priority over God? (Some selfish desire; a relationship; some pleasure or activity.)*
- *If so, how will you give God first place in that area this week?*

Building Blocks

Share these Bible basics with your learners.

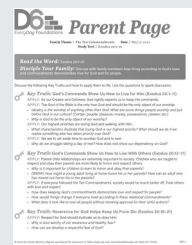
The Ten Commandments are God-given foundational instructions for a relationship with God and with others.

Pray!



AH 1-3

Encourage your group members to complete the daily devotions in the D6 devotional magazines this week.



PP-1

The *Parent Page (PP-1)* is a resource to help parents discuss the truths of this lesson with their children at home. Give copies of this page to those who will benefit from it and encourage them to use it at home this week. *Parent Page* is also available for FREE download at D6home.com. (No password required.)

Notes

